

Facials

CACI Ultimate Non Surgical Face Lifts

CACI Ultimate Anti-Ageing Facial (60 mins) £70.00
Gently lifts, tightens, tones and re-educates the facial muscles whilst smoothing the appearance of fine lines and wrinkles. Leaves the skin with a wonderful glow and a firmer more supple appearance.

CACI Course of 5 Treatments £250.00
CACI Course of 10 Treatments £450.00

CACI Crystal Free Microdermabrasion (45 mins) ... £45.00
This skin resurfacing treatment works by gently removing the superficial layer of skin to help skin blemishes, scarring, sun damage, fine lines, wrinkles and stretch marks. Uses LED light therapy and a hydro gel mask to hydrate and calm leaving your skin brighter, clearer and revitalised.

Collin Resultime

Essential Facial (45mins) £35.00
Includes cleanse, exfoliation, massage, tone & moisture treatment.

Teen Facial (45 mins) £25.00
A tailored facial suitable for 14-17 year olds.

High Diffusion Facial (60 mins) £55.00
Luxurious hydrating facial suitable for most skin types.

Hydro Lift Facial (60 mins) £50.00
Lifts and hydrates

Wrinkle Firmness Cellular Treatment (60 mins) £70.00

White Evidence Youth & Lightening Treatment (60 mins) £65.00
Reduces the signs of age spots and pigmentation

Refiner Pore Treatment (45 mins) £36.00

Anti Ageing Eye Contour (60 mins) £40.00
Anti Ageing Eye Contour & Facelifting (60 mins) .. £69.00
Anti Ageing Calming Facial (60 mins) £59.00

Radiance Regenerating Peel (60 mins) £60.00
Radiance Renewing Facial (60 mins) £50.00

Massage

Please state which massage you require when booking.

Deep Tissue & Swedish Massage

Used to maintain physical health as well as inducing relaxation.

Full Body (60 mins) £40.00
Back, Shoulders & Leg (45 mins) £30.00
Back & Shoulders (30 mins) £22.50

Sports & Remedial Massage

A deeper massage directed specifically at the muscles used in sport.

Initial Consultation (60 mins) £45.00
Subsequent Treatments (60 mins) £45.00
Subsequent Treatments (45 mins) £35.00
Subsequent Treatments (30 mins) £25.00

Aromatherapy Massage

Full Body (60 mins) £45.00
Back, Neck & Shoulders (30 mins) £25.00

Waxing

Eyebrow Shape (15 mins) £9.00

Upper Lip or Chin (15 mins) £7.00
Upper Lip and Chin (30 mins) £12.00

Half Leg (30 mins) £15.00
3/4 Leg (60 mins) £20.00
Full Leg (60 mins) £25.00

Regular Bikini (15 mins) £9.00
High Bikini (15 mins) £15.00
Brazilian (30 mins) £20.00
Hollywood (30 mins) £27.00

Underarm (15 mins) £9.00
Fore Arm (15 mins) £12.00
Full Arm (30 mins) £17.00

Back & Shoulders (30 mins) £25.50
Chest & Abdomen (30 mins) £25.50

Additional Waxing £3 - £9

Body Treatments

Hot Stone Therapy (1hr 15 mins) £60.00
Hopi Ear Candles (30 mins) £20.00
Indian Head Massage (45 mins) £30.00

Body Wrap (1hr 30 mins) £48.00
Body Scrub (30 mins) £20.00
Body Scrub & Wrap (2hrs) £58.00

Sienna X Spray Tan

Full Body (30 mins) £20.00
Half Body (15 mins) £15.00
Course of 5 Spray Tans £80.00

Eye Treatments

Eyelash Tint (30 mins) £12.00
Eyebrow Tint (15 mins) £8.00
Eyelash & Brow Tint (45 mins) £18.00

Lashbase Eyelash Extensions (2hrs) £55.00
Infill session (40 mins) £20.00

Enhance, lengthen & thicken natural lashes for a glamorous look 24 hours a day - lasts 6 to 8 weeks.

Nail Treatments

Using Jessica & Zen Spa products to treat and condition the nails before the polish.

Colour / French Polish (30 mins) £15.00
Regular Manicure (60 mins) £22.50
Full manicure and choice of varnish.

Luxury Manicure (1hr 15 mins) £27.50
Nails are shaped, cuticles removed and luxurious salt scrub is applied followed by a massage and heated mittens to restore skin's appearance and texture. Finished off with a polish of your choice.

Regular Pedicure (60 mins) £27.00
Luxury Pedicure (1hr 15 mins) £35.00
Includes foot soak and removal of hard skin.

To book an appointment please call **0118 948 4849** | **Opening Times** - Mon Tues Sat - 9am to 5pm, Wed Thurs Fri - 9am to 8pm | www.clubchf.co.uk

Please give 24 hours notice if you wish to cancel an appointment. Missed appointments and late cancellations will incur a cancellation fee at 50% of the treatment cost.